

Calostyle D3 Chewable Tablet

Cholecalciferol 60,000 IU Chewable Tablets

Cholecalciferol, or Vitamin D3, is a fat-soluble vitamin essential for calcium absorption, bone health, and overall immune function. This high-strength chewable tablet is an effective solution for addressing Vitamin D deficiency.

Composition:

- **Cholecalciferol (Vitamin D3): 60,000 IU per tablet**
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Indications:

This chewable tablet is indicated for:

1. **Vitamin D Deficiency Treatment**
 2. **Osteoporosis Prevention and Management**
 3. **Hypocalcemia (low blood calcium levels)**
 4. **Rickets and Osteomalacia (softening and weakening of bones)**
 5. **Immune System Support**
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Dosage & Administration:

- **Adults and Adolescents:** One tablet once weekly or as directed by a physician.
- **Maintenance Therapy:** One tablet once monthly, as per physician's advice.

Directions for Use:

1. **Chew the tablet thoroughly before swallowing.**
2. **Take the tablet after meals for better absorption.**

Benefits of Cholecalciferol:

- **Improves calcium and phosphorus absorption for healthy bones and teeth.**
 - **Prevents and treats Vitamin D deficiency-related disorders.**
 - **Boosts immunity and supports overall well-being.**
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Side Effects:

- **Common Side Effects:**
 - **Mild stomach upset**
 - **Constipation or diarrhea**
 - **Nausea**
 - **Rare but Serious Side Effects:**
 - **Hypercalcemia (high blood calcium levels), with symptoms like excessive thirst, confusion, fatigue, or irregular heartbeat.**
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Precautions:

1. **Allergy:** Do not use if allergic to Vitamin D or any other ingredients.
 2. **Hypercalcemia or Hypervitaminosis D:** Avoid use in individuals with elevated calcium or Vitamin D levels.
 3. **Kidney Disorders:** Use cautiously in patients with kidney diseases or a history of kidney stones.
 4. **Pregnancy and Lactation:** Consult a healthcare provider before use.
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Drug Interactions:

- **Calcium Supplements or Antacids:** May increase the risk of hypercalcemia.
 - **Thiazide Diuretics:** May further elevate calcium levels.
 - **Steroids:** May reduce Vitamin D effectiveness.
 - **Digoxin:** High Vitamin D levels may increase the risk of heart arrhythmias.
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Overdose Symptoms:

- **Overdose can lead to Vitamin D toxicity, characterized by:**
 - **Severe hypercalcemia**
 - **Loss of appetite, nausea, vomiting**
 - **Kidney damage or failure**
 - **Seek immediate medical attention in case of overdose.**
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Storage:

- **Store at room temperature (15–25°C), away from direct sunlight and moisture.**
 - **Keep out of reach of children.**
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Key Counseling Points:

1. **Chew the tablet completely before swallowing.**
 2. **Follow the prescribed dosage; avoid exceeding the recommended dose.**
 3. **A balanced diet with adequate calcium intake enhances the effectiveness of this medication.**
 4. **Regular monitoring of Vitamin D and calcium levels is advised during long-term therapy.**
 5. **If symptoms of deficiency persist or worsen, consult your doctor.**
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This Cholecalciferol 60,000 IU Chewable Tablet is a convenient and effective solution for

restoring and maintaining optimal Vitamin D levels, ensuring better bone health and overall well-being.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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